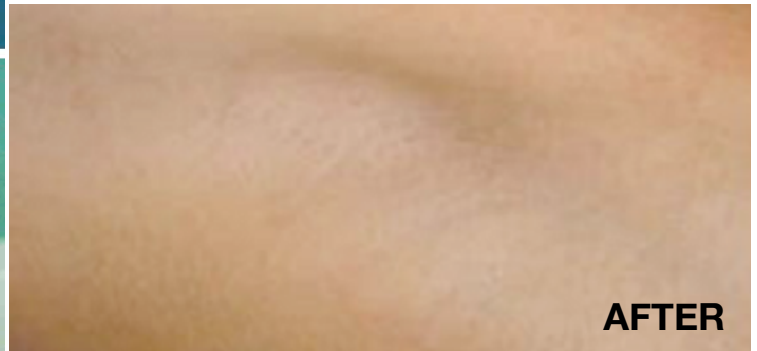


# LASER HAIR REMOVAL

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**armpits**

## Laser Hair Removal: A permanent reduction to unwanted hairs

If you are tired of shaving, waxing, and tried every other depilatorie method on the market, then the laser hair removal may be the best option for you. Laser hair removal is an effective, quick, permanent, and well-tolerated procedure that can be used on any skin surface or skin type that has unwanted hair. The laser itself is often described as feeling like a small rubber band snap. A topical anesthetic can be prescribed for you to put on at home an hour prior to coming in to alleviate any discomfort during treatment if you prefer.

### *Not all hairs are ideal...*

The laser works by targeting the melanin of the hair shaft, heats it up, and permanently damages the follicle preventing its ability to grow hair. Therefore, the ideal patient has dark hairs and has not recently tanned or had significant sun exposure. Unfortunately, white peach fuzz like hairs are not ideal for this procedure since the laser cannot target them well.

### ***What you can expect after treatment...***

Only hairs that are in the growing cycle are susceptible to the laser, with about 20% of the hairs in this phase at any given time. Therefore, everyone can reasonably expect to need between 4-6 treatments to achieve a good permanent reduction. Immediately after treatment you will notice a sunburn like sensation in the area which may persist for up to 24 hours or more. You may gently clean the area twice a day, while avoiding irritants such as glycolics and retinoids for one week after. You may return to your normal activities immediately, with follow up treatments scheduled 4-6 weeks apart.