

# MICRO LASER PEEL

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before

immediately after

after

## Micro Laser Peel... 'the weekend peel'

San Diego is a city of active lifestyles, and significant down time to achieve better looking skin doesn't always fit our schedule. Fortunately, you can still achieve improved skin tone and texture without all the down time, and minimal discomfort. The MicroLaserPeel technology is a minimal to full epidermal laser peel, with treatments tailored to meet your individual goal. With controlled depths deeper than that of a dermabrasion, this well tolerated procedure still just requires a few days of simple recovery.

### *Who is this procedure best for?*

This procedure is ideal for individuals who are looking for better results than traditional chemical peels and dermabrasion procedures. Dermabrasion removes only approximately 10-15 microns of the outer most layers of the skin, while the MicroLaserPeel can improve texture in a controlled manner to the deeper epidermal layers of the skin (20-50 microns). The MicroLaserPeel is the perfect intermediate peel for those not ready for deeper laser resurfacing but want better results than chemical peels or dermabrasion procedures.

### ***How many procedures will I need?***

Patients experience improvement in the tone and texture of their skin after each session, with the optimal number of session generally decided upon what the treatment goals are. An immediate improvement is noticed after a few days with each procedure, with smoother, healthier, more vibrant skin.

### ***How much down time can I expect?***

The healing process varies from patient to patient but will generally take from two to four days. The procedure can be performed on Thursday or Friday and you can return to work the following Monday. Immediately following the procedure you will feel as if you have a bad sunburn. You will have minor sloughing and itchiness the following day. By day two, redness will begin to fade and by day three any redness can be easily covered by makeup.